



Called to Care: Caring Conversations about Caregiving

Called to Care is designed to attract an interfaith audience interested in topics related to pastoral care and spiritual issues associated with end of life care. Clergy, Stephen ministers, pastoral caregivers, chaplains, students, lay leaders, healthcare professionals, and community members are welcome! **FREE OF CHARGE!**

When: 6:00 p.m. - 8:00 p.m.

Location: Great Hall

Where: Bethany Lutheran Church
4500 E. Hampden Avenue
Cherry Hills Village, CO 80113

Registration: *REQUIRED!*
Lindsay Vassar (303) 398-6326
lvassar@lifequalityinstitute.org

What: Dinner (6:00 p.m. - 6:45 p.m.)
Presentation and Discussion (6:45 p.m. - 8:00 p.m.)

FEBRUARY 11, 2010

The Family Challenge of Illness

Chronic/terminal illness is not an individual challenge. Rather, it is a challenge presented to a family wherein the concerns and emotions of each person within the context of the family must be considered if the family is to function effectively and meet the demands of the illness.

APRIL 22, 2010

Demystifying Hospice and Palliative Care

Learn the truth about available medical options for those who are seriously or terminally ill in order to enhance the quality of life and alleviate suffering.



Called to Care is made possible through the generous financial support of **Olinger Mortuaries and Cemeteries** as well as the gracious hospitality of **Bethany Lutheran Church**. We at Life Quality Institute wish to express our sincere appreciation for the collaborative spirit exhibited by our sponsor and host.

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JUNE 10, 2010

Grief: Out of the Closet

We live in a society that grieves well and mourns poorly. We have become experts at stuffing our emotions, avoiding the pain of our losses, and diverting our attention through addictive behaviors. There comes a time when we need to air out our losses, experience and express the intensity of our emotions, and understand that our losses must be integrated into our lives, not avoided.

AUGUST 12, 2010

Compassion Fatigue

To witness suffering of another person (emotionally, spiritually, or physically) puts us at risk of experiencing compassion fatigue. Whether working as a professional caregiver or companioning our friends and family, we often manifest the stress expressed by those we serve due to our empathetic and compassionate response to the situation. We must learn to recognize the signals of compassion fatigue, in ourselves and our colleagues, and subsequently engage in corrective behaviors.

OCTOBER 14, 2010

Viewing End of Life through the Spiritual Lens

When working with patients and their families, pastoral caregivers and healthcare professionals must understand how patients perceive illness. Punishment? A test of faith? Biological defect? Luck of the draw? There is not a “right” answer nor a universal truth regarding illness. By being sensitive, respectful, and attentive to the influence of spiritual beliefs regarding end of life decisions, we are better able to compassionately address the ethical dilemmas so prevalent in healthcare today and thereby hopefully avoid divisive confrontation. We must seek to understand before we seek to be understood.

DECEMBER 9, 2010

How is it with Your Soul?

What is existential suffering, and why is it so often a concern at the end of life? Explore the relationship between spirituality and existential suffering in order to determine appropriate assessment tools and subsequent effective interventions.



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