



Life Coach * www.dawngreaney.com *
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Uncovering Your Purpose

Part of our presentation will be an interactive discussion where we share our passions and/or dreams and the obstacles we've encountered in reaching them. The intention is for the group to offer ideas and resources about how we can each reach our dreams. If we all participate we will walk away more inspired and with more motivation to keep working towards our own passions, which will lead us to our purpose in life. This is the true meaning of networking: not to just find out what people do, but to find out what their dreams and ambitions are and to be inspired by their inspirations. The conversations that can come out of that kind of exchange are much more valuable.

If you need help uncovering your true passion, ponder these questions without using money as motivation. In other words, these are questions for the heart, not for the brain. Bring your answers to the presentation and be willing to share and participate in the discussion!

- 1.) What are you most passionate about?
- 2.) What would you prefer spending your days doing?
- 3.) What would you do right now if you knew you could not fail?
- 4.) What would you do right now if you didn't need money?
- 5.) What would it take to accomplish the one thing you want most?
- 6.) What are the obstacles to doing what you want?
- 7.) What do you want more of in your life? What do you want less of?
- 8.) What are the three biggest opportunities you have right now that you're not making the most of?

To Attract the Perfect Job

Searching for jobs can be discouraging. After awhile, you tend to lose sight of who you are and what you want because you spend so much time trying to fit yourself into what others want.

When searching for jobs, try focusing on what you want in your next job or career, rather than on how much money you need. This will usually be based on your talents, strengths, likes and dislikes. For example, if you love being social you shouldn't apply for a job that will have you sitting in front of a computer in a cubicle nine hours a day. When you discover the things that will truly make you happy in your next job, hone in on them, write them down, and feel the joy when you think about doing them. Try not to let negative thoughts run rampant in your mind as you continue your job search. Keep focused on your answers to these questions instead of entertaining the thought of settling for less, and you will eventually attract the job or career that will make you happiest.

- 1.) What are the top five goals you want to accomplish in your career? (ie: impact, fame, etc)
- 2.) What's needed in the world that you're uniquely poised to provide? (your purpose)
- 3.) What is your dream job? What draws you to that?
- 3.) What are your gifts? (your talents)
- 4.) What do you love? What would make you wake up every morning excited and ready to work? (your passion)
- 5.) List your favorite activities.

About Dawn Greaney & Life Coaching....



Life coaching is a results-driven partnership that navigates through a thought-provoking and creative process, inspiring you to maximize your personal and professional potential. Life coaching can close the gap between *thinking* about doing and actually *doing*, opening up the channels of self-discovery in the process.

Whether you're looking to incorporate a few lifestyle improvements, develop more-consistent healthier thoughts or you're wanting to completely change the direction of your life, a coach can help

you get from where you are to where you want to be by listening on a deeper level, organizing and clarifying your thoughts, guiding you through tough decisions, and offering creative solutions in order to

break through any barriers keeping you from the success that you deserve. Life coaching is a great investment in yourself.

We can meet face-to-face during sessions, over the phone or via email. My role as your coach is to listen, help identify priorities & obstacles, and co-create a clear action plan for success, which may include “homework” to be done between sessions. I will support you and hold you accountable throughout your journey, allowing you to take risks and explore new ideas while giving you the space and security to change bad habits and negative thinking. I will assist in clarifying and organizing your thoughts, ideas and goals by asking specific and sometimes challenging questions which may also uncover resistance that is holding you back. I will help you celebrate your victories and will be there to discuss any concerns, fears or changes you experience throughout your journey. I will be honest and upfront and will give you the opportunity to talk at length about things one usually doesn't get a chance to talk about in normal social situations. Sometimes just hearing yourself talk about a situation can bring about clarity. We'll also laugh a lot and have fun....this doesn't have to be difficult.

If you are ready and eager to break through the obstacles that are standing in the way of your happiness, contact me for a free consultation. dawn@dawngreaney.com